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CAMBRIDGE UNIVERSITY ATHLETIC CLUB

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WOMEN'S CAPTAIN

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CUAC Reimbursement and Subsidies Policy 2021/11

Competitions

CUAC will, upon application, reimburse (or cover) members for entry and transport for up to 2 indoor and 2 outdoor competitions, selected from the lists below:

Indoor:

- SEAA Championships (indoor)
- BUCS (indoors)
- Northern Athletics Championships (indoor)
- Eastern Counties Championships (indoor)
- Birmingham Indoor Games
- Lee Valley Indoor Open
- London Indoor Games

Outdoor:

- Cambridgeshire County Championships
- SESSA Championships (outdoor)
- SEAA Championships (outdoor)
- BUCS (outdoors)

For each of the above competitions you must compete for CUAC and wear the official CUAC vest.

Athletes who compete in discus, hammer or javelin which do not have indoor events, may claim for travel expenses for an additional two outdoor events if they have not competed in any indoor competitions, up to a cost of £20 per athlete per event.

Athletes under the CUHH Summer Membership will be entitled to BUCS (Outdoors) or BUCS 10000m Championships entry under CUAC, up to £5 for transport and transport for Varsity matches.

If the match is a club fixture (i.e. CUAC is competing as a club) without club transport, requests for travel expenses can be made to the Junior Treasurer, also informing the President. Such expenses must be approved in advance.

They may include transport by car on the understanding that multiple CUAC athletes travel.

Payment will not be made for an amount a) anything above actual costs, or b) greater than the cheapest mode of transport (i.e. if a train ticket is £10 and there is no lower fare on any other transport, £10 per person will be reimbursed, regardless of the mode of travel), nor.

CUAC will reimburse the cheaper of the two options outlined below:

1. Mileage claims at a rate 25p/mile, ideally we would like a full car of athletes.
2. Rail fare to and from the competition, travelling via the cheapest method possible (i.e. off-peak, on an appropriate railcard).

For car mileage, Google Maps is to be used to calculate the route from Cambridge to the destination.

Online membership forms must have been completed and membership fees must have been paid to make you eligible to compete for CUAC. If you need to withdraw from an event due to injury, please let your captain/s know immediately. Failure to attend an event usually results in the club being issued a fine. Such fines, or those issued as a result of poor athlete behaviour will be passed directly to the athlete concerned.

For more information or to make a request, please contact the President and the Junior Treasurer in the first instance.

Failure to compete

In the event that an athlete fails to compete at a competition for which their entry has been paid, they will be required to reimburse CUAC for the cost of entry. In the case of injury, sickness, or family emergencies, athletes are exempt from this requirement to reimburse CUAC.

Physiotherapy*

CUAC has a small portion of the budget set aside to assist athletes with physiotherapy costs. CUAC currently subsidises the cost of a physiotherapy appointment, such that the member is only required to pay £12 per half-hour appointment. Appointments with student physiotherapist trainees will be free of charge.

Indoor Training*

Where additional indoor sessions are required by an event group, the club will endeavour to pay transport costs (but not the training costs) of such trips. Interested squad leaders and athletes should contact the President prior to arranging such sessions, and such travel must be approved

by the President and Junior Treasurer in advance.

*not applicable for members under CUHH Summer Membership

Reimbursement Process

All claims should be emailed to Leon Zhang at lbz21@cam.ac.uk with the following:

- Description of claim
- Cost
- Valid proof of payment
- Bank account details